

**ALAMEIN
NEIGHBOURHOOD
& LEARNING CENTRE INC
TERM 4 2018 PROGRAM**

learn laugh live

TERM 4: 2018

Alamein Neighbourhood & Learning Centre Inc.

We welcome people from a variety of backgrounds, beliefs and orientations, and recognise and respect the diversity of our participants. We understand the issues facing diverse groups and respond to their needs. We provide an accessible and appropriate service and refer where necessary.



**ALAMEIN NEIGHBOURHOOD
& LEARNING CENTRE INC.**

Learn Laugh Live

TERM

**49 Ashburn Grove, Ashburton 3147
Ph: 9885 9401 W: www.alameinnlc.com.au**

Alamein Neighbourhood & Learning Centre Inc.

learn



English & Literacy

Our English as a Second Language (ESL) classes run every term throughout the year. **New students are welcome; an interview with the co-ordinator is required (Tuesday to Friday). For bookings and further information, call ANLC on 9885 9401.**

Fees for classes, unless specified:

Concession:

\$50 term 4 (1 or more courses)

Non-concession:

\$50 1st course term 4

Non-concession:

Extra course term 4: \$24

Non-residents:

\$125 per course per term

Living English

(Beginners English)

18ALNLIVENG 

Beginner's English (Level 1)

Tue 12.30pm – 3pm

T4: 9 Oct – 4 Dec

English Communication Skills (Pre-intermediate English)

18ALNCOMSKI 

Pre-intermediate English (Level 2)

Tue 9.30am – 12pm

T4: 9 Oct – 4 Dec

English for Work and Study (Upper-intermediate English)

18ALNENGWOR 

Upper Intermediate and above (Level 3)

Wed 9.30am-12pm

T4: 10 Oct – 5 Dec

New course!

English for Everyday Use in Australia – Literacy through Practical Purposes (English: Intermediate and above)

18ALNLITPRA 

ESL students: Improve your English through learning about Australian customs and more!

Mon 12.30pm – 3pm

T4: 8 Oct – 3 Dec (8wks) \$85

Introduction to Office Skills for ESL Speakers (Intermediate English and above)

18VOCOFFSKI 

Improve your English through learning foundation office skills.

Fri 12.30pm – 3pm

12 Oct – 30 Nov (8wks) \$85

Basic Literacy and Numeracy

18ALNLITNUM 

Improve confidence, numeracy and literacy skills.

Mon 9.30am – 12pm

T4: 8 Oct – 3 Dec

Literacy and ESL through Computers

18ALNLITCOM 

Improve computer, grammar, reading and writing. skills.

Fri 9.30am – 12pm

T4: 12 Oct – 7 Dec

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Health & Wellbeing

Short leisure courses

Pilates

Tue 7pm – 8pm

25 Sep – 2 Oct (2wks) \$25

Yoga with Meditation and Relaxation Techniques

Thu 9.30am – 11am

27 Sep – 4 Oct (2wks) \$38

Term courses

Meditation & Guided Relaxation

Thu 5.45pm – 6.45pm

18 Oct – 6 Dec (8wks) \$100

Pilates

Tue 6.20pm – 7.20pm or

Tue 7.30pm – 8.30pm

16 Oct – 11 Dec (8wks) \$100

Yoga: Gentle

Mon 5.45pm – 6.45pm

15 Oct – 10 Dec (8wks) \$100

Thu 11.10am – 12pm

18 Oct – 6 Dec (8wks) \$100

Yoga: Continuing

Mon 7pm – 8pm

15 Oct – 10 Dec (8wks) \$100

Yoga with Meditation & Relaxation Techniques

Thu 9.30am – 11am

11 Oct – 13 Dec (10wks) \$188

Mindfulness & small movement

Great for older people.

Chair-based.

Call Centre to register.

Mon 3pm – 3.45pm

Weekly from 15 October

Gold coin donation

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Like us on Facebook: Alamein Neighbourhood and Learning Centre



For Australian permanent residents & citizens. ACFE funded.
(The ACFE funded courses are supported by the Victorian Government.)


laugh live




Technology & Work Skills

Computers, tablets & IT


Introduction to Computers (Windows 10)

18ESINTCOM 
Windows 10, terminology, organising the desktop, files, folders, printing and basic Word 2016.
Thu 12.45pm – 3.30pm
11 Oct – 6 Dec (9wks)
\$122 (\$77 + \$45 mat)


Introduction to Excel 2016

18ESINTEXC 
Create, customise, use format features, formulas, import objects, save and print.
Mon 6.30pm – 9pm (8wks)
8 Oct – 3 Dec
\$105 (\$70 + \$35 mat)

Intensive Introduction to Word 2016


18ESINTWOR 
Create, edit, format, save and print documents, tables, images and templates.
Mon to Thu 9.30am – 3pm (4 days)
24 – 27 September
\$105 (\$70 + \$35 mat)

Communicating in the Digital Age II – Youtube, Vlogging, Videoing, Sharing, Syncing & more

18ESCOMDII 
Learn how to use devices to create and edit videos/photos, share on Youtube, Vlog, use Drop Box, iTunes, find useful apps, sync with other devices and more!
Wed 9.30pm – 12pm
24 Oct – 5 Dec (8 sessions) \$85

Exploring the Internet

Marketing through Digital Media

18ESDIGMED 
Learn how to market your organisation on-line using social media, blogs and email. A vital skill in today's business environment.
Tue 6.30pm – 9pm
9 Oct – 4 Dec (8wks) \$85

iPads for Travel

Course covers wifi, video, photographs, email, video calls, using mobile networks, storage, travel apps, battery usage and accessories. BYO iPad or an iPad provided during the class.
Mon 9.45am – 12.15pm
12 – 26 Nov (3 sessions) \$95

NBN Basics


Learn about the NBN, how it will affect your landline and internet, plans to choose.
Mon 1pm – 3pm
12 November (1 session) \$25

eBay


Make some money before Christmas. Learn how to buy and sell on-line.
Mon 12.30pm – 3pm
19-26 November (2wks) \$80

Upskill for Work


Find a Job or Change your Career: Pathways to Employment

18ESPATH 
Includes employability and transferable skills, 21st century job searching, resumes, interviews & more.
Tue 9.30pm – 3pm
23 Oct – 27 Nov (5 sessions) \$70/\$20
Sat 10am – 3pm 13 Oct, 27 Oct, 10 Nov, 24 Nov, 1 Dec (5 sessions)
\$130


Barista Skills & the Service Industry – Introduction to the Service Industry

18EVOCSERIND 
Learn coffee making, customer service, teamwork, merchandising and more.
Fri 9.30am – 3pm
19 Oct – 16 Nov (5wks) \$100/\$60


The 'Ins & Outs' of Starting Your Own Enterprise – Introduction to Running your own Business

18ESRUNBUS 
Learn about setting up as a sole trader including what you need to start up, sales, managing costs, customers, suppliers, budgets and more.
Thu 9.30am – 12pm
11 Oct – 29 Nov (8wks) \$85

Introduction to Website Design & Maintenance

18ESWEBDES 
Gain understanding of basic design, updating and maintenance of WordPress websites.
Wed 12.30pm – 3pm
24 Oct – 5 Dec (8 sessions) \$90

Introduction to Volunteering & Beyond

18ESINTVOL 
Gain confidence, skills and knowledge for particular volunteer roles, rights and responsibilities, and pathways available through volunteering.
Thu 12.30pm – 3pm
11 Oct – 29 Nov (8 sessions)
\$20/\$10

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Creative pursuits

Mosaics

Create beautiful arts from tiles and ceramics. BYO tiles.
Fri 1pm – 3pm
12 Oct – 30 Nov (8wks) \$150/\$140

Cooking Club

Demonstrate your favourite recipe and eat something tasty.
Thu 1pm – 2.30pm
1 Nov, 6 Dec
\$5 + food cost per session

Crafternoon

Sew your own produce bags.
Gift-wrapping for Christmas.
Thu 1pm – 2.30pm
18 Oct, 15 Nov
Gold coin donation

Your program was delivered to you by one of our fabulous volunteer walkers. Are you interested in getting your step count up while helping your local neighbourhood house? Contact us on 98859401 to join.

How to enrol

Pick up an enrolment form from the Centre during office hours, download one from our website or phone us on 9885 9401. Payment can be made by credit/debit card (including over phone)/EFTPOS, cash, cheque or EFT.

Westpac Banking details are:
BSB No: 033-106
Account No. 11-0866
(Ref: surname & course name)
Cheques must be made out to:
Alamein Neighbourhood & Learning Centre



Events & Activities

Garden Club

Share in the fun of nurturing plants.
Mon 10.30am – 12.30pm
From 15 October (fortnightly)

Alamein Men's Shed

Located at Alamein railway station.
Open to Boroondara men, all ages.
Tue and Thu 9.15am – 12pm
\$25 per term. Call to join.
New session:
Fri 10am – 12pm
\$25 per term

Bus trips for Older Adults & Dial a Shopping Bus

For local residents 65+ (CHSP funded). Bookings essential. Contact Centre for details



ABN: 14634097750
Assoc. A0001801D
Office Hours: 9.15am – 3.30pm
Mon to Fri (Closed on Public Holidays)
Address: 49 Ashburn Grove, Ashburton
Phone: 9885 9401
Email: admin@alameinnlc.com.au
Web: www.alameinnlc.com.au
Facebook: Alamein Neighbourhood & Learning Centre

Sustaining Ashburton

Ashburton Neighbourhood Houses are partnering together to create a sustainable Community.
The following workshops are **FREE**, include refreshments. To book call:
Alamein Neighbourhood & Learning Centre: 9885 9401
Ashburton Community Centre: 9885 7952
Craig Family Centre: 9885 7789
www.eventbrite.com.au

Get Growing at The Green Deck at Ashburton CC

Pot up and take home a sunflower or tomato seed. Learn what to grow for a summer harvest.
Monday 11.30am – 1pm, 1 October

Worm Farming & Composting at Alamein NLC

Be inspired about vermiculture & learn how to build a worm farm and make compost.
Sat 1pm – 3pm, 13 October

Spring Fashion Swap at the Craig Family Centre

Bring along your family's unwanted clothing and be rewarded with a new wardrobe for Summer. Go to www.buynothingnew.com.au to learn about this new initiative.
Fri 9am-4pm, 19 October

Homegrown Chooks at the Craig Family Centre

This family affair will introduce you to the wonders of caring for chickens and how they contribute to a sustainable environment.
Wed 6.30pm-8.30pm, 17 October.



Adult, Community and Further Education (ACFE) Board