

**ALAMEIN
NEIGHBOURHOOD
& LEARNING CENTRE INC
TERM 1 2020 PROGRAM**

learn laugh live

TERM 1: 2020

Alamein Neighbourhood & Learning Centre Inc.

We welcome people from a variety of backgrounds, beliefs and orientations, and recognise and respect the diversity of our participants. We understand the issues facing diverse groups and respond to their needs. We provide an accessible and appropriate service and refer where necessary.



**ALAMEIN NEIGHBOURHOOD
& LEARNING CENTRE INC.**

Learn Laugh Live

TERM

49 Ashburn Grove, Ashburton 3147
Ph: 9885 9401 W: www.alameinnlc.com.au
E: admin@alameinnlc.com.au

Alamein Neighbourhood & Learning Centre Inc.



English & Literacy

English & Literacy

Our English as a Second Language (ESL) classes run every term throughout the year. New students are welcome; an interview with the Coordinator is required. For bookings & further information, call ANLC on 9885 9401.

Fees for classes, unless specified:

Concession:

\$130 per year

Non – concession:

\$177.20 1st course per year

Non – concession:

Extra course per year: \$97.20

Non – residents:

\$130 per course per term

NEW English COURSE

Intensive English (Pre-intermediate English)

Literacy for Practical Purposes

(Level 2) 20ALNLITPRA

Improve your speaking, listening, reading and writing in this six week course.

Tue – Thu 10am – 3pm

18 Feb – 26 Mar (18 sessions)

\$117/\$70

Leap into Literacy

ACL20ALNLIT1

A four session course to learn basic reading and writing skills to complete forms.

Mon 12.30pm – 3pm

24 Feb – 23 Mar (4wks) \$20

Basic Literacy and Numeracy

20ALNLITNUM

Improve your confidence with reading, writing and maths skills.

Mon 9.30am – 12pm

T1: 3 Feb – 23 Mar

T2: 20 Apr – 22 Jun

T3: 13 Jul – 14 Sep

T4: 5 Oct – 7 Dec

Literacy and ESL through Computers

20ALNLITCOM

Fri 9.30am – 12pm

T1: 7 Feb – 27 Mar

T2: 17 Apr – 26 Jun

T3: 17 Jul – 18 Sep

T4: 9 Oct – 4 Dec

Living English (Beginners English)

(Level 1) 20ALNLIVENG

Tue 12.30pm – 3pm

T1: 4 Feb – 24 Mar

T2: 21 Apr – 23 Jun

T3: 14 Jul – 15 Sep

T4: 6 Oct – 8 Dec

English Communication Skills (Pre-intermediate English)

(Level 2) 20ALNCOMSKI

Tue 9.30am – 12pm

T1: 4 Feb – 24 Mar

T2: 21 Apr – 23 Jun

T3: 14 Jul – 15 Sep

T4: 6 Oct – 8 Dec

English for Work and Study (Upper-intermediate English)

(Level 3) 20ALNENGWOR

Wed 9.30am – 12pm

T1: 5 Feb – 25 Mar

T2: 15 Apr – 24 Jun

T3: 15 Jul – 16 Sep

T4: 7 Oct – 2 Dec



Creative pursuits

Mosaics

Create beautiful art from tiles and ceramics. BYO tiles.

Fri 1pm – 3pm

21 Feb – 27 Mar (6 sessions)

\$115/\$105

Cooking Club

Demonstrate your favourite recipe and eat something tasty.

Thu 1pm – 2.30pm

6 Feb, 5 Mar \$5 per session

NEW COURSE

Returning to Study

(Leap into Study)

ACL20ALNSTU

Learn how to get back into study patterns, structure essays and reports, what to expect in the classroom today and more.

Fri 12.30pm – 2.30pm

6 Mar – 27 Mar (4wks) \$20

**We have wonderful
volunteers @ Alamein.
If you would like to
volunteer with us,
call on 9885 9401.**

**Enrolment Day
Enrol for English and
literacy classes on
Thursday 10am – 2pm
30 January.**




laugh live



Technology & Work Skills

Computers, Tablets & IT


Introduction to Computers (Windows 10)

20EMPINTCOM 
Windows 10, terminology, organising the desktop, files, folders, printing and basic Word: formatting, clip art, copy and paste, emails and internet.
Wed 12.30pm – 3.15pm
5 Feb – 25 Mar (9 sessions) \$122

Amazing uses of iPads (Communicating in the Digital Age)

20EMPCOMDIG 
Learn how to make calls, create playlists, photo edit, create photobooks, movies, get on social media and more, safely on the iPad.
Tue 9.30pm – 12pm
4 Feb – 24 Mar (8wks) \$85

Coding and Robotics workshop (Leap into Coding and Robotics)

ACL20EMPCOD 
Learn how to do basic coding for a mini robot (sphero) and race it. Great for understanding more of the world of coding and robots.
Mon 12.30pm – 3pm
16 & 23 Mar (2wks) \$25

Apple Watches

Discover what you can do! Learn tips and tricks to help you become confident using your apple watch.
Mon 1pm – 3pm
2 Mar \$32



Health & Wellbeing

Meditation and Guided Relaxation

For focusing and lowering stress.
Thu 5.45pm – 6.45pm
13 Feb – 26 Mar (7 sessions) \$91

Pilates

Core strength, posture alignment, muscle balance.
Tue 6.20pm – 7.20pm or
Tue 7.30pm – 8.30pm
11 Feb – 24 Mar (7 sessions) \$91

Yoga: Gentle

Mon 5.45pm – 6.45pm
3 Feb-23 Mar (7 sessions) \$91

Yoga: Continuing

Mon 7pm – 8pm
3 Feb-23 Mar (7 sessions) \$91

Yoga with Meditation, Pranayama and Relaxation Techniques

Thu 9.30am – 11am
6 Feb – 26 Mar (8 sessions) \$152

Exercise in the Park with YMCA

(Sorry! Not the Village People!)
Thu in term 1.
Contact Alamein for more details.

Learn how to lawn bowl @ Ashburton Bowls Club

Wed 11am – 12pm
5-26 Feb (4 sessions) \$35 or \$10 a session
For details: contact secretary@ashburtonbowls.com

Exploring the Internet

eBay and Gumtree

Learn how to buy and sell on-line.
Mon 12.30pm – 3pm
17 – 24 Feb (2wks) \$80

Marketing through Digital Media

20EMPDIGMED 
Learn how to market a company or group through Facebook, Twitter, Instagram, Mail Chimp and more.
Thu 6.15pm – 9pm
13 Feb – 26 Mar (7 wks) \$85

Upskill for Work

Find a Job or Change Your Career:

Pathways to Employment

20 EMPPATH
Covers your transferable skills, creating a sellable resume, 21st century job searching, interview skills and more. Great for people looking for work or wanting to get back into employment or study after a period of time.
Thu 10am – 3pm
27 Feb – 26 Mar (5 sessions) \$70/\$20

Register your interest!

- Drones, coding, VR & 3D Printing
- Introduction to Excel (Intensive)
- Introduction to Word
- Introduction to ESL Tutoring

Follow us on Facebook: Alamein Neighbourhood and Learning Centre to find out the latest information.



Alamein Neighbourhood & Learning Centre Inc.

Learn



Events & Activities

Garden Club

Share in the fun of nurturing plants.
Thu 10am – 11.30am
30 Jan (fortnightly)

Scarecrow Day – BACK BY POPULAR DEMAND

Family fun day. Make your own scarecrow, ride a bike to blend your own smoothies, join all the other fun activities and the free BBQ.
Contact the centre for more details
Sat 10pm – 1pm
18 Jan Free

Discussion Group

Join this informal group discussing interesting topics, movies, books and current events.
Thu 1pm – 2.30pm
13 Feb, 12 Mar \$2 per session



ALAMEIN NEIGHBOURHOOD & LEARNING CENTRE INC.
Learn Laugh Live

ABN: 14634097750

Assoc. A0001801D

Office Hours: 9.15am–3.30pm

Mon to Fri (Closed on Public Holidays)

Address: 49 Ashburn Grove,
Ashburton

Phone: 9885 9401

Email: admin@alameinnlc.com.au

Web: www.alameinnlc.com.au

Facebook: Alamein Neighbourhood and Learning Centre

Win a great Prize!!

Write down and tell us about a woman who has had a positive impact on you. Submit (drop it in or email: admin@alameinnlc.com.au) by 28/2 for your chance to win a great prize at our International Women's Day Celebration .

International Women's Day celebration

Join us for a free morning tea and a surprise guest speaker to celebrate women around the world.
Thu 5 Mar 11.30am – 12.30pm
(RSVP 3/3)

Harmony Day Celebration

Come together for a yummy morning tea. Meet local community groups and see what's happening in your local area. (Activate Alamein).
RSVP 18/3
Fri 10.30am – 12pm
20 Mar

Alamein Men's Shed

Located at Alamein railway station.
Open to Boroondara residents, all ages.
Tue and Thu 9.15am – 12pm
\$30 per term. Call to join.

Bus Trips for Older Adults & Dial a Shopping Bus

For local residents 65+ (CHSP funded). Bookings essential.
Contact Centre for details.

Public Housing Officer

Drop in and see Patrick for help and questions.
Thu 10am – 12pm

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Your program may have been delivered to you by one of our fabulous volunteer walkers. Are you interested in getting your step count up while helping your local neighbourhood house? Contact us on 9885 9401 to join.

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How to enrol

Pick up an enrolment form from the Centre during office hours, download one from our website or phone us on 9885 9401.

Payment can be made by credit/debit card (including over phone)/EFTPOS, cash, cheque or EFT.

Westpac Banking details are:
BSB No: 033-106
Account No. 11-0866
(Ref: surname & course name)

Cheques must be made out to:
Alamein Neighbourhood & Learning Centre



Like us on Facebook: Alamein Neighbourhood and Learning Centre



Adult, Community and Further Education (ACFE) Board