



courses, programs & activities

Term two 2022



Getting ahead with with English & literacy

English & Literacy

Our English as an Additional Language (EAL) classes run every term throughout the year. New students are welcome; an interview with the Co-ordinator is required (Tuesday and Friday).
For bookings & further information please contact us on 9885 9401.

Fees for classes, unless specified:

Concession:

\$110 per year (3 terms)

Non-concession:

\$132.90 1st course (3 terms)

Non-concession:

Extra course per year: \$72.90

Non-residents:

\$130 per course per term

Basic Literacy and Numeracy

22LLN002006 

Improve your confidence with reading, writing and math skills.

Mon 9.30am – 12pm

T2: 2 May -20 Jun (7wks, no class 13/6)

T3: 11 Jul – 12 Sep (10wks)

T4: 3 Oct – 12 Dec (10wks, no class 31/10)

Living English

22LLN002002 

Beginner's English (Level 1)


Tue 12.30pm – 3pm

T2: 26 Apr – 21 Jun (9wks)

T3: 12 Jul – 13 Sep (10wks)

T4: 4 Oct – 29 Nov (8wks, no class 1/11)

English Communication Skills

22LLN002003 

Pre-intermediate English (Level 2)


Tue 9.30am – 12pm

T2: 26 Apr – 21 Jun (9wks)

T3: 12 Jul – 13 Sep (10wks)

T4: 4 Oct – 29 Nov (8wks, no class 1/11)

English for Work and Study

22LLN002004 

Upper Intermediate and above (Level 3)

Wed 9.30am – 12pm

T2: 27 Apr – 22 Jun (9wks)

T3: 13 Jul – 14 Sep (10wks)

T4: 5 Oct – 23 Nov (8wks)

Literacy and EAL through Computers

22LLN002038 

Fri 9.30am – 12pm

T2: 29 Apr – 24 Jun (9wks)

T3: 15 Jul – 16 Sep (10wks)

T4: 7 Oct – 25 Nov (8wks)

Seniors English Class

FREE class for seniors

Tuesdays 1pm – 3pm



For Australian permanent residents & citizens. ACFE funded. (The ACFE funded courses are supported by the Victorian Government.)

Short Courses

Financial Wellbeing Basics **NEW**

22LLN002021

Build your confidence and communication skills in money management including budgeting, goal setting and where to seek help and support.

Fri 12.30pm – 3pm

29 Apr – 24 Jun

9 sessions plus one 3-hr session) \$105

We have wonderful volunteers @ Alamein. If you would like to volunteer with us call on 9885 9401

Coming in Term 3:

- Flower Arrangement
- LEAP into Study
- Home Maintenance
- Cleaning Operations
- Melbourne Cup Day Millinery

We welcome people from a variety of backgrounds, beliefs and orientations, and recognise and respect the diversity of our participants. We understand the issues facing diverse groups and respond to their needs. We provide an accessible and appropriate service and refer where necessary.




Like us on Facebook: Alamein Neighbourhood and Learning Centre



Computers, Tablets and IT

Communication in the Digital Age with iPads

22DLEOO2020 

Learn how to use key apps, online conferencing platforms for iPads, photos, videos, calendar, notes, communication tools and more for work and fun.

Wed 12.30pm – 3pm

1 Jun – 3 Aug

(8 sessions, no class 29/6 & 6/7) \$85

Touch Typing **NEW**

LEAP into Digital Skills

22ACL002029 


Do you want to improve your touch typing? This short course gives you the tools to increase your speed & accuracy, essential for work & study.

Mon 1pm – 3pm

2 May – 16 May (3wks) \$24

Computer Basics & Beyond

NEW

22DLE1002034 


Gain confidence & skills in computer use, including navigating an operating system, file management, emailing, surfing the web, using Word, printing & more.

Mon 9.30am – 12pm

23 May - 15 Aug (10wks, no class 13/6, 27/6, 4/7) \$110 (includes manual)

Life & Work Skills

Express Your View Effectively LEAP Negotiation Skills

22ACL002039 

Gain confidence in negotiating. Learn the basic types, concepts, phrases and skills needed to better express yourself, includes public speaking.

Wed 10am – 12pm

11 May – 25 May (3wks) \$24

Upskill for Work

Are you looking for a job or change of career? Here's the Course for You

Pathways to Employment

22EMP002007 

Pathways to Employment has been a springboard into a job or different career path for many of our students. Great for people looking for work or wanting to get back into employment or study.

Mon 10am – 3pm

16 May – 20 Jun

(5wks, no class 13/6) \$91

Customer Service Essentials **NEW**

22VOC002026 

Learn about working in the retail and café sectors, including barista skills, OHS, customer service, team work, sales & presentation, and explore where jobs are available.

Mon 10am – 2pm

2 May – 30 May (5wks) \$82

Introduction to Volunteering & Beyond

22VOC002009 

This great course gives you confidence, knowledge and skills in coffee making, EAL and literacy support, business administration, shop and community support, teamwork and more, to prepare you to find your perfect volunteer role.

Wed 9.30am – 2.30pm

1 Jun – 22 Jun (4wks) \$85

Thinking of starting your own business but not sure how? Introduction to Running Your Own Business

22EMP002036 

This course will give you the foundation skills, including an understanding of the key issues in running a business from home.

Tue 6pm – 8.30pm

3 May – 21 Jun (8wks) \$85

LEAP: Rejuvenate Your Resume **NEW**

22ACL002032 

Update your resume by harnessing your transferrable skills to target the job you want. Learn the latest resume formats sought by employers including video recordings.

Wed 10am – 12pm

4 May – 25 May (4wks) \$30

Grow Your Own Food Introduction to Horticulture

22VOC002035 

Take a step towards your own sustainable food access. Learn what plants are good to grow in Autumn and how to grow them in this practical course. Free seedlings to take home for all participants.

Thu 12.30pm – 3pm

5 May – 23 Jun (8wks) \$85

LEAP into Business Administration

22ACL002014 

Learn the basic foundation skills towards a Business Administration career, including setting up meetings using online platforms, creating professional documents, scheduling calendar invites and more.

Mon 10am – 12pm

2 May – 16 May (3 wks) \$24





Health & Wellbeing Classes

Community Activities & Events



Pilates: Intermediate*

This class focuses on Core strength, posture alignment & muscle balance.
Tue 6.30pm – 7.30pm
26 Apr – 21 Jun (9wks) \$126

Pilates: Foundation*

Suitable for beginners or those seeking a gentler class.

Focussing on stability, balance and strength.
Tue 7.30pm – 8.30pm
26 Apr - 21 Jun (9wks) \$126

Yoga: Gentle*

This class is suitable for beginners, or those seeking a gentler class.
Mon 5.45pm – 6.45pm
2 May – 20 Jun (7wks, no class 13/6) \$98

Yoga: Continuing*

An intermediate class that encourages each individual to work within their own limitations.
Mon 7pm – 8pm
2 May – 20 Jun (7wks, no class 13/6) \$98

Yoga with Meditation*, Pranayama and Relaxation

An intermediate class that encourages each individual to work within their own limitations. Each session will include a guided meditation for deep relaxation.
Thu 9.15am - 10.45am
28 Apr – 23 Jun (9wks) \$180

***Note: Please inform instructor of any injuries, ailments or pregnancy before class.**

Alamein Men's Shed

Located at Alamein railway station. Open to Boroondara men, all ages by invitation.
Tue 9.30am – 11.30am & 12.30pm – 2.30pm

Free Bread

Wednesdays 12pm – 1pm

Discussion Group

All welcome.
3rd Thursday of every month
1pm – 2.15pm 21/4, 19/5, 16/6

Job & Education Referrals

Support provided for finding a job, further study and other community services every 1st & 3rd Thursday of each month
12pm – 2.30pm

Alamein Community Garden

Share in the fun of nurturing plants by join our regular working bees in the Alamein Community Garden.
Thursday 28/4, 26/5 & 23/6

Neighbourhood House Week

Have fun making Gingerbread cookies.
Wed 11 May

Commonwealth Home Support Programme (CHSP)

Social activities and shopping bus for local residents aged 65 years and over.
Contact the Centre for details.

Alamein Opening & Open House Day

Come and see our wonderful newly refurbished centre, take a guided tour and enjoy some fun activities during the day,
Sat 4 Jun 10am – 2pm
Official Opening 11am – 11.30am

NAIDOC

Thu 21 July

Men's Health Week

13 – 19 June

Creative Pursuits

Mosaics

Create beautiful arts from tiles and ceramics. BYO tiles.
Fri 1pm – 3pm
6 May – 24 Jun (8wks) \$160
Contact Centre for details.

Beginners Ceramics

Design and make your own ceramic garden markers. They will make great gifts and add colour and personality to your home and garden. Cost includes clay, paints and firing.
Thu 11am – 12pm, 9 Jun – 23 Jun (3wks) \$50

live.laugh.learn.

How to enrol

Pick up an enrolment form from the Centre during office hours
Download one from our website or
Phone us on 9885 9401.
Payment can be made by credit/debit card (including over phone)/ EFTPOS, cash, cheque or EFT.
Westpac Banking details are:
BSB No: 033-106
Account No. 11-0866
(Ref: surname & course name)

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