



courses, programs & activities

Term three 2022



Our English as an Additional Language (EAL) classes run every term throughout the year.

New students are welcome; an interview with the Co-ordinator is required (Tuesdays and Fridays). For bookings and further information, please contact us on 9885 9401.

Fees for classes, unless specified:

Concession:

\$90 per year (2 terms)

Non-concession:

\$90 1st course for terms 3 & 4


Non-concession:

Extra course per year \$48.60

Non-residents:

\$130 per course per term

Basic Literacy and Numeracy

22LLN002006 


Improve your confidence with reading, writing and math skills.

Mon 9.30am - 12pm

T3: 11 Jul - 12 Sep (10wks)

T4: 3 Oct - 12 Dec (10wks, no class 31/10)

English Communication Skills

22LLN002003 

Pre-Intermediate English (Level 2)


ESL class covering conversation, reading, writing, speaking, and listening.

Tue 9.30am - 12pm

T3: 12 Jul - 13 Sep (10wks)

T4: 4 Oct - 29 Nov (8wks, no class 1/11)

English for Work and Study

22LLN002004 

Upper-Intermediate & above (Level 3)

The course covers speaking, listening, reading, writing, grammar for practical uses.

Wed 9.30am - 12pm


T3: 13 Jul - 14 Sep (10wks)

T4: 5 Oct - 23 Nov (8wks)



For Australian permanent residents & citizens. ACFE funded. (The ACFE funded courses are supported by the Victorian Government)

Living English

22LLN002002 

Beginner's English (Level 1)


Beginner level of English ESL course with a focus on oral and written skills for everyday use.

Tue 12.30pm - 3pm

T3: 12 Jul - 13 Sep (10wks)

T4: 4 Oct - 29 Nov (8wks, no class 1/11)

Literacy and EAL through Computers

22LLN002038 

This course improves your literacy and English skills, as well as your computer skills. It covers grammar, writing and reading for both English and non-English speakers.

Fri 9.30am - 12pm

T3: 15 Jul - 16 Sep (10wks)

T4: 7 Oct - 25 Nov (8wks)

Seniors English Class

FREE class for seniors

Tue 1pm - 3pm

Leap into English Pronunciation

22ACL002028 

Pre-intermediate & above (Level 2)


A fun course for non-native English speakers and covers the phonetic alphabet and pronunciation of vowels, consonants and diphthongs.

Fri 10.30am - 12.30pm

5 Aug - 19 Aug (3wks) \$24

Short Courses

Home Maintenance - Leap into Literacy


22ACL002011 

Learn how to fix minor repairs at home using hand and power tools. Covers language of fixing things around the house and shows you how, including: drilling holes into different surfaces; mending holes in plaster; and understanding fuseboxes.

Wed 9.30am - 11.30am

3 Aug - 31 Aug (5 wks) \$40

Financial Wellbeing Basics NEW

22LLN002021 

Build your confidence and communication skills in money management including budgeting, goal setting and where to seek help and support.

Tue 9.30am - 12.30pm

12 Jul - 13 Sep (10wks) \$105

We have wonderful volunteers at Alamein. If you would like to volunteer with us, please call us on 9885 9401.

We welcome people from a variety of backgrounds, beliefs and orientations and recognise and respect the diversity of our participants and volunteers.

We understand the issues facing diverse groups and respond to their needs. We provide an accessible and appropriate service and refer where necessary.

Stay in touch with us on:

-Facebook: Alamein Neighbourhood and Learning

-Newsletters: contact us to add you to our email list on 9885 9401 or

admin@alameinnlc.com.au to receive

monthly updates on programs and events.

Expressions of interest

Contact us to express your interest in the following courses and workshops.

- Cuisines from around the world
- Upcycled Art
- Sewing Projects
- Cleaning Operations

Christmas Market Thu 17 Nov 4 - 7pm
Bookings from stallholders for the market are welcomed. Enquiries and applications before Mon 31 Oct.

Like us on Facebook: Alamein Neighbourhood and Learning



Microsoft Skills


22DLE0002025 

A Word, Excel, Powerpoint, and Outlook course covering the basics (and more) to help you confidently use these programs at work or in study.

Mon 9.30am - 2.30pm

22 Aug - 3 Oct (7wks) \$110

Introduction to Marketing Platforms Leap into Digital Skills


22ACLO02029 

Make a start using CANVA and Mailchimp for your marketing needs.

Mon 1pm - 3pm

1 Aug - 15 Aug (3wks) \$24

Communication in the Digital Age with iPads


22DLE0002020 

Learn how to use key apps, online conferencing platforms for iPads, photos, videos, calendar, notes, communication tools and more for work and fun.

Tue 12.45pm - 3.15pm

26 Jul - 13 Sep (8wks) \$85

Computer Basics & Beyond

22DLE0002034 

Covers navigating an operating system, file management, emailing, surfing the web, using Word, printing & more.


Includes the manual.

Fri 12.30pm - 3pm

19 Aug - 28 Oct (no class 23/9 10wks) \$110

Your program may have been delivered to you by one of our fabulous volunteer walkers. Are you interested in getting your step count up while helping your local neighbourhood house? Contact us on 9885 9401 to join.

Leap into Business Administration


22ACLO02014 

Learn the basic foundation skills towards a business administration career, including setting up meetings using online platforms, creating professional documents, scheduling calendar invites and more.

Mon 10am - 12pm

1 Aug - 15 Aug (3wks) \$24

Pathways to Employment


22EMPO02007 

Great for people looking for work or wanting to get back into employment or study after a period of time.

Mon 10am - 3pm

1 Aug - 5 Sep (5wks, no class 29/8) \$91

Leap into Study


22ACLO02012 

A great course to give you the skills and confidence to get back into study patterns, structure essays and reports, and what to expect in the face-to face and virtual classroom.

Thur 12.30 - 2.30pm

11 Aug - 1 Sep (4wks) \$30

Introduction to Running Your Own Business


22EMPO02036 

This course will give you the foundation skills, including an understanding of the key issues in running a small business. Learn about: putting ideas into action; where to start; key issues in home-based businesses; managing costs & sales; budgeting; networking & support; and marketing.

Tue 6pm - 8.30pm

26 Jul - 13 Sep (8wks) \$85

Rejuvenate Your Resume

22ACLO02032 

Update your resume by harnessing your transferrable skills to target the job you want. Learn the latest resume formats sought by employers including video recordings and LinkedIn.

Wed 1pm - 3pm

3 Aug - 24 Aug (4wks) \$30

Customer Service Essentials

22VOC002026 

Learn skills of working in a customer service industry including: appropriate language; OHS; what makes excellent customer service; team work; sales and presentation; coffee techniques; and more.

Tue 10am - 2pm

23 Aug - 13 Sep (5wks) \$82

Introduction to Volunteering

22VOC002009 

Build confidence and knowledge, skills in coffee making, EAL and literacy support, business administration, shop and community support, teamwork and more, to prepare you to find your perfect volunteer role.

Wed 9.30am - 2.30pm

24 Aug - 14 Sep (4 wks) \$85

Preparing your Garden for Spring - Introduction to Horticulture NEW

22VOC002035 

Take a step towards your own sustainable food access. Learn what plants are good to grow in various seasons, and how to grow them in this practical course.

Thu 12.30pm - 3pm

14 Jul - 1 Sep (8wks) \$85

Putting your Voice Forward - Leap Negotiation Skills

22ACLO02039 

Gain confidence in negotiating. Learn the basic types, concepts, phrases and skills needed to better express yourself, including public speaking.

Wed 10am - 12pm

17 Aug - 31 Aug (3wks) \$24



Pilates - Intermediate*

This class focuses on core strength, posture alignment and muscle balance.
Tue 6.30pm - 7.30pm
12 Jul - 13 Sep (7wks, no classes 2/8, 9/8 & 16/8) \$98

Pilates - Foundation*

Suitable for beginners or those seeking a gentler class. Focussing on stability, balance and strength.
Tue 7.30pm - 8.30pm
12 Jul - 13 Sep (7wks, no classes 2/8, 9/8 & 16/8) \$98

Yoga: Gentle*

This class is suitable for beginners, or those seeking a gentler class.
Mon 5.45pm - 6.45pm
11 Jul - 12 Sep (10wks) \$140

Yoga: Continuing*

An intermediate class that encourages each individual to work within their own limitations.
Mon 7pm - 8pm
11 Jul - 12 Sep (10wks) \$140

Yoga with Meditation* Pranayama and Relaxation

An intermediate class that encourages each individual to work within their own limitations. Each session will include a guided meditation for deep relaxation.
Thur 9.15am - 10.45am
14 Jul - 15 Sep (10wks) \$200

*Note: Please inform the instructor of any injuries, ailments or pregnancy before class.

Alamein Men's Shed

Located at Alamein railway station. Open to Boroondara men, all ages and by invitation.
Tue 9.30am - 11.30am & 12.30pm - 2.30pm

Free Bread

All are welcome to take some free bread. Collect from the kitchen during winter months. Stay for a tea/coffee if you wish.
Wed 12pm - 1pm

Discussion Group

Themes include current affairs, travel and entertainment. All welcome.
3rd Thur of every month 1pm - 2.15pm
15 Jul, 18 Aug, 15 Sep

Career Support Consultation FREE with a Jobs Vic Advocate

Are you looking for work or unsure about employment and local community support services? Come to the centre for free advice. Appointments & walk-ins are welcome.
Every 1st & 3rd Thur per month
12pm - 2.30pm

Alamein Community Garden

Share in the fun of nurturing plants by joining our regular working bees in the Alamein Community Garden. BYO gloves. Drinks and refreshments will be provided.
Thu 10am - 11.30am
23 Jun, 28 Jul, 25 Aug, 29 Sep

Commonwealth Home Support Programme (CHSP)

Social activities and shopping bus for local residents aged 65 years and over. Contact the centre for details.

Adult Learners' Week 1-8 September

Lifelong Learning @ Alamein
Free taster activities in craft, computers coffee-making and more!!
Contact the centre for more details.
Wed 7 Sep 10am - 2pm

NAIDOC Week FREE

Learn about and sample indigenous ingredients used in delicious culinary dishes. Enjoy the flavours of lemon myrtle and kangaroo while listening to our guest speaker. RSVP Mon 18 July
Wed 20 July 12pm - 2pm

Creative Pursuits



Mosaics

Create beautiful art projects from tiles and ceramics. BYO tiles.
Tue 10am - 12pm
26 Jul - 13 Sep (8 wks) \$160

Beginners Ceramics NEW

Design and make your own original garden markers for your garden or to give as gifts.
Thu 1 Sep - 15 Sep 11am - 12pm
(3 wks) \$45

live.laugh.learn.

How to enrol

Pick up an enrolment form from the centre during office hours or
Download one from our website or
Phone us on 9885 9401
Payment can be made in person or over the phone by credit/debit card/EFTPOS, cash, cheque or EFT.
Westpac Banking details are:
BSB No.: 033-106
Account No.: 11-0866
(Ref. surname & course name)