

Our English as an Additional Language (EAL) classes run every term throughout the year.

New students are welcome to start in Term 4, if places are available; an interview with the EAL Co-ordinator is required. Contact us to book.

Literacy for Practical Purposes

25LITFORPRAC

Pre-Intermediate English (Level 2)

Mon 9.30am - 12pm

6 Oct - 8 Dec (9wks*, nc 3/11)

(*Plus 1 session independent learning/excursion)

Cost: \$52; Non-Residents: \$200

Let's Learn English (L1)

25SBDLAN002

Fri 9.30am - 12.30pm

5 Sep - 21 Nov (10wks, nc 26/9 & 3/10)

Cost: \$90, Conc=\$58, NR=\$269

English Conversations

Class for seniors, over 65 yrs who are permanent residents and citizens.

Tue 12.30pm - 2.15pm

7 Oct - 25 Nov (7wks, nc 4/11)

Cost: Gold coin donation appreciated

English Communication Skills

25LANENGCOM

Pre-Intermediate English (L2)

Tue 9.30am - 12pm

7 Oct - 2 Dec (8wks, nc 4/11)

Cost: \$41; Non-Residents: \$160

English for Work and Study

25LANENGWKST

Upper-Intermediate & above (Level 3)

Wed 9.30am - 12pm

8 Oct - 19 Nov (7wks)

Cost: \$36; Non-Residents: \$140

SPRING WORKSHOPS

Thursdays 1pm - 3pm

**Cost: \$45 each or
\$120 for all 3**



**20 NOV
Salad
Dressings**



**27 NOV
BBQ
Marinades**



**4 DEC
Xmas
Treats**

Short Courses

Self Compassion NEW

25ENGRESILI

Leap into Resilience

This practical 3-week course is designed to help build resilience and explore strategies for increasing positivity in your life, help build on your knowledge and skills for managing stress, bouncing back from setbacks and increasing your confidence and self-awareness.

Fri 1pm - 3pm

7 Nov - 21 Nov (3wks)

Cost: \$25, Conc=\$12, NR=\$61

Cooking Gluten-Free Meals

25ENGLITERA

Leap into Literacy

Whether you're a seasoned pro in the kitchen or just starting to explore gluten-free options, this class is for YOU. Learn how to prepare safe, delicious, and gluten-free meals for coeliacs! Free recipe to take home and try each week.

Mon 1pm - 3pm

13 Oct - 17 Nov (5wks, nc 3/11)

Cost: \$50, Conc=\$40, NR=\$109

Coffee Appreciation & More NEW

25ENGLITERA

Leap into Literacy

Love coffee? Then explore the world of coffee from bean varieties, toasting levels to brew. Learn to make espresso, froth milk, and taste like a pro. Perfect for coffee lovers, aspiring baristas, or anyone wanting better home brews.

Tue 1pm - 3pm

14 Oct - 25 Nov (5wks, nc 28/10 & 4/11)

Cost: \$50, Conc=\$40, NR=\$109

Fermentation & Gut Health

25ENGLITERA

Leap into Literacy

Discover how to make your own probiotic-rich foods like sauerkraut, kimchi, kombucha, and kefir. You'll learn how fermentation supports digestion, immunity, and overall wellness. Includes take-home jars of your creations!

Thu 1pm - 3pm

9 Oct - 13 Nov (5wks, nc 23/10)

Cost: \$50, Conc=\$40, NR=\$109

Fixing Things at Home

25ENGLITERA

Leap into Literacy

Learn to use a variety of hand tools to fix minor repairs at home. Covers the language of fixing things, drilling holes in different surfaces, fixing squeaky hinges, clearing blocked drains, caulking joints, understanding fuse boxes and more.

Thu 1pm - 3pm

16 Oct - 20 Nov (5wks, nc 6/11)

Cost: \$50, Conc=\$40, NR=\$109

Technology Courses

Digital Creativity with CANVA NEW

25DLEDIGSKLL

Leap into Digital Skills

Unleash your creativity and explore tools like Canva, make social media posts and cards, use ready made templates and learn basic editing tools to use at home or work.

Mon 1pm - 3pm

13 Oct - 27 Oct (3wks)

Cost: \$29, Conc=\$22, NR=\$64

Life Skills for the Digital Age NEW

25DLEDIGSKLL

Leap into Digital Skills

Learn how to confidently use technology to handle real-world tasks like paying bills online, managing medical appointments, reading QR codes, and navigating MyGov or Medicare

Fri 1pm - 3pm

17 Oct - 31 Oct (3wks)

Cost: \$29, Conc=\$22, NR=\$64

Online Travel Tools

25DLEDIGSKLL

Leap into Digital Skills

Learn to use digital maps and travel apps for everything from public transport to walking tours, Create digital itineraries with Triplt, explore destinations with YouTube, Google Earth and more.

Fri 10.30am - 12.30pm

17 Oct - 31 Oct (3wks)

Cost: \$29, Conc=\$22, NR=\$64

Go Paperless at Home

25DLEDIGSKLL

Leap into Digital Skills

Ditch the paperwork and go digital. Learn how to scan, store, and manage your documents using easy-to-learn apps and tools. From bills to family photos, you'll get organised and eco-friendly!

Fri 1pm - 3pm

7 Nov - 21 Nov (3wks)

Cost: \$29, Conc=\$22, NR=\$64

Chatbots and AI

25DLEDIGSKLL

Leap into Digital Skills

Discover the world of AI and ChatBots. Course covers ChatGPT and other chatbots and their interactions, using AI for all kinds of aspects including work and daily life tasks, image creation, using AI to manipulate music, and the pitfalls to be aware of!

Thu 10am - 12pm

9 Oct - 23 Oct (3wks)

Cost: \$29, Conc=\$22, NR=\$64

3D Modelling Using SketchUp Level 1

25DLEDIGSKLL

Leap into Digital Skills

Gain practical experience in designing 3D models with the SketchUp APP. Create a 3D Model to design unique items in your spare time, or continue to further studies in 3D design. Assumes a Beginner class has been undertaken.

Wed 6pm - 8pm

8 Oct - 22 Oct (3wks)

Cost: \$29, Conc=\$22, NR=\$64

Using Mobile Devices & Avoiding Scams

25DLEDIGSKLL

Leap into Digital Skills

Learn the ins and outs of smartphones and tablets, essential apps and features to unlock the full potential of your mobile device. Includes how to protect your personal information, recognize and avoid online threats, and set up secure profiles across platforms.

Thu 10am - 12pm

20 Nov - 4 Dec (3 wks)

Cost: \$29, Conc=\$22, NR=\$64

Introduction to MS Word & Excel

25SBDEDC009

Digital MS Word and Excel

Learn to create professional documents like cover letters and resumes. Gain practical skills and confidence using basic Word and Excel functions to prepare you for work, study or personal pursuits.

Tue 10.30am - 2.30pm

14 Oct - 18 Nov (5wks, nc 4/11)

Cost*: \$81, Conc=\$59, NR=\$199

(*softcopy of Learner Workbook included. Hardcopy available at extra cost)

Basics of Bookkeeping with XERO

25DLEDIGSKLL

Leap into Digital Skills

Learn bookkeeping basics using the Xero online app. Covers invoicing, tracking expenses, reconciling accounts, preparing financial reports and more.

Wed 6pm - 8pm

29 Oct - 12 Nov (3wks)

Cost: \$29, Conc=\$22, NR=\$64

Digital Essentials Level 2

25SBDDLE003

Builds on basic skills for computers and mobile devices, including : using email, using Word, file management, connecting devices, being safe and secure, and more.

Fri 9.30am - 12.30pm

10 Oct - 12 Dec (10wks)

Cost*: \$111, Conc=\$79, NR=\$289

(*softcopy of Learner Workbook included. Hardcopy available at extra cost)

Modern Administration Skills Essentials

25SBDEDC002

Office Skills 2

Build confidence, sharpen essential skills to thrive in modern office environments. Learn to plan meetings, create professional documents, gain real-world insights into office practices and expand your employability opportunities.

Sat 9.30am - 1.30pm

11 Oct - 6 Dec (8wks, nc 1/11)

(Plus 2hrs independent learning)

Cost: \$137, Conc=\$100, NR=\$339

Digital Online Comms Platforms

25DSJOLCOMM

Explore Office 365, OneDrive, Teams, Microsoft cloud programs, and Zoom. Develop skills in online collaboration, troubleshooting, file transfer, video communication, organization, and storage.

Mon 1pm - 3pm

10 Nov - 8 Dec (5wks)

Cost*: \$40, Conc=\$30, NR=\$100

(*softcopy of Learner Workbook included. Hardcopy available at extra cost)

Woodwork Project

25EMPINTCAR

Introduction to Carpentry & Beyond

Learn about timber materials and fastening methods. Gain confidence in using hand and power tools such as planes, drills and bandsaws.

Term 4 project will be a tool caddy for the home or garden.

Thu 9.30am - 12pm

9 Oct - 27 Nov (8wks)

Cost: \$101, Conc=\$79, NR=\$219

ACRA Twilight Market,

THU 4 DEC FREE

Buy high-quality handcrafted products, grab friends & family and explore what's on offer. For stall enquiries, please email: acraashburton@gmail.com or contact Christine on: 9885 8890.

Thu 4 Dec, 4pm - 8pm

Alamein Seniors' Group

For local residents aged 65 years & over.

Social Support Group: Mondays & Wednesdays 10am - 12pm.

Chair Based Yoga: Thursdays 11 - 11.30am

Career Support Consultation FREE

Looking for work or unsure about employment? Looking for support with: finding a job, resume and letter writing, interview skills and more.

Thu 9.30am - 12.30pm on 18/9 and Wed 22/10 & 19/11

Please contact 9564 2030 to book.

Alamein Men's Shed, Tuesdays

Open to Boroondara men, all ages and by invitation. Registration required.

9.30am - 11.30am and 12.30pm - 2.30pm

Cost: \$40 per term

Chatty Cafe, Wednesdays

Everyone welcome to join our chatty cafe for a chat, a snack & a drink.

Wed 10.30am-11.30am (weekly)

Cost: Gold coin donation appreciated.

Discussion Group, Thursdays

1pm-2pm, 16/10 & 20/11

All Welcome.

Cost: Gold coin donation

Crafts & Games Drop-ins, Fridays

Meet new friends, test your skills and enjoy great company in craft or games drop-ins. BYO craft project.

Fridays, Weekly 1pm - 3pm

Cost: Gold coin donation appreciated.

Storytime Fun, Booking essential

Thu 11.30am - 12pm Weekly

For parent & child (2-4 yrs)

Read a book, play a game, sing a song. FREE for concession card holders.

Lego Fun, Booking essential

Thu 4pm - 5pm (1st & 3rd of month)

Cost Per Term: \$10 Conc=\$2

For parent & child (4 - 14 yrs) to enjoy Lego activities & challenges together. Neurodiverse friendly.

Health & Wellbeing

Yoga Classes*

Gentle: Mon 4.30pm - 5.30pm

Gentle: Mon 5.45pm - 6.45pm

Intermediate: Mon 7pm - 8pm

6 Oct - 1 Dec (8wks, nc 3/11) \$125

With Meditation & Relaxation

Thu 9.15am - 10.45am

9 Oct - 4 Dec (9wks) \$209

Pilates Classes*

Intermediate - Tue 6.30pm - 7.30pm

Foundation - Tue 7.30pm - 8.30pm

T4: 7 Oct - 2 Dec (8wks, nc 4/11) \$125

***Note: Please inform the instructor of any injuries, ailments or pregnancy before class.**

CIRCULAR ECONOMY INFO SESSION* FREE

Join our info session to "REFUSE", "RETHINK", "REDUCE" and learn sustainable practices to reduce and prevent waste.

11am - 12pm

Wed 22 Oct

VIC SENIORS FESTIVAL & SAFETY MONTH CELEBRATION* FREE

Try a Tai Chi class and learn practical skills for Falls Prevention

11am - 12pm

Mon 20 Oct

***Call 9885 9401 to book
Check website for event details!**

WE ARE BETTER TOGETHER* FREE

Emergency Preparedness for Elderly and/or Culturally Diverse Communities.

Guest Speaker from Ambulance Victoria

11.30 - 12pm

Wed 3 Dec

